



A Provider's View of Why Collaborative Care Matters

Today's Speakers



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What is Collaborative Care?

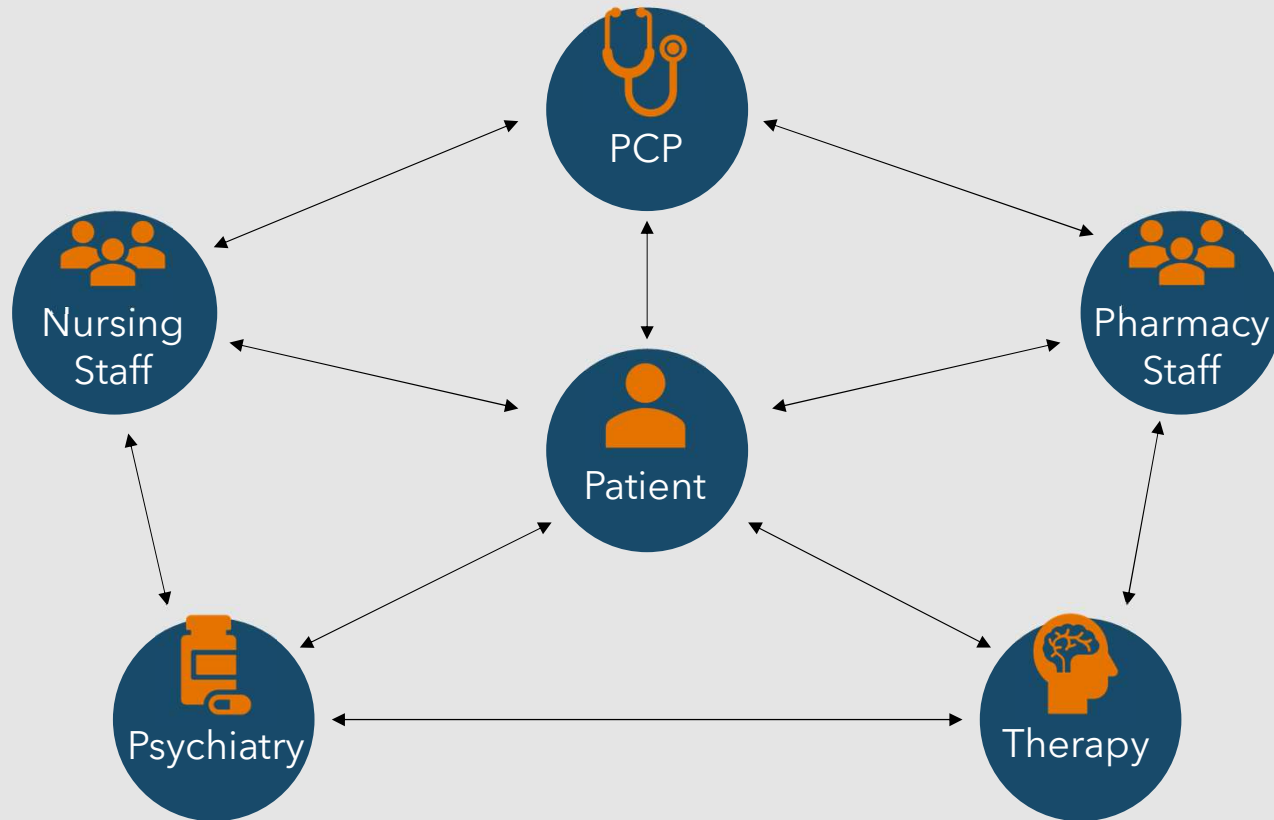
A systematic approach to the treatment of mental health in primary care settings, integrating:

- care managers
- consultant psychiatrists
- psychology therapists
- primary care physicians

With the goal of proactively managing mental health disorders as chronic diseases, rather than treating acute symptoms.



Collaborative Care Model



Long Term Care Facilities Rely on Two Distinct Disciplines for Patient Mental Health Care

- The two disciplines are often confused as the names Psychiatry and Psychology are similar
- Care provided by each is unique and is often used in tandem
- Combining both practices achieves better patient/resident outcomes
 - Improved facility environment
 - Achieve appropriate medication reductions
- Industry is trending to more specialized services as payors move to value-based reimbursements

Psychology

Psychology is the scientific study of the mind and behavior

Focuses on treating mental health through various behavioral adjustments in lifestyle

Conducts specialized testing for certain complex cases

Working with the geriatric population requires thinking outside of the box and connecting with the patient wherever they are

Psychiatry

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders

Focus is on treating mental health issues with targeted medication regimens

Responsible for management of psychotropic medications

What Tools are Used for Collaboration?



Comprehensive EMR
system



Regional groups of
practitioners



Secure technology
to quickly get input

How do you Manage Busy Schedules and Achieve Collaboration?

Collaboration requires close and regular communication

- Psychiatric and Therapy providers have demanding schedules, how do you find time to collaborate?
- Is technology used for quick communications?
- Are there ever conflicts between facilities, PCPs and the two practices?
- How are these resolved for the better good?

Benefits of Collaborative Care

To Providers

- Interacting with other providers in the facility
- Being able to receive updates from the staff that may be pertinent to a patient's plan of care

To Facilities and Staff

- Ability to pull patient notes in all systems
- Provides insight to a patient's psychiatry or therapy evaluation and progress

To Residents

- Receive better overall healthcare because everyone on the patient's care team is working together

Measuring Results of this Type of Care

Over 80 studies have documented the benefits of collaborative care

Reduction in the number of patients hospitalized for mental health care or related issues

Quality measures documented by Medicare through the MIPS visit measures

Gradual Dose Reduction achievements which are published quarterly by CMS

Facilitates can Embrace Collaboration



Take time to meet with providers when they arrive at a facility and when they leave



Don't wait for the next scheduled visit to alert on trouble areas



Provide clear feedback on how well practitioners are working with the unique methods of the facility



Rely on mental health specialists as a key part of resident care plan



Ask your providers for regular educational sessions for new hires or staff needing the latest information

Questions?



THANK YOU